

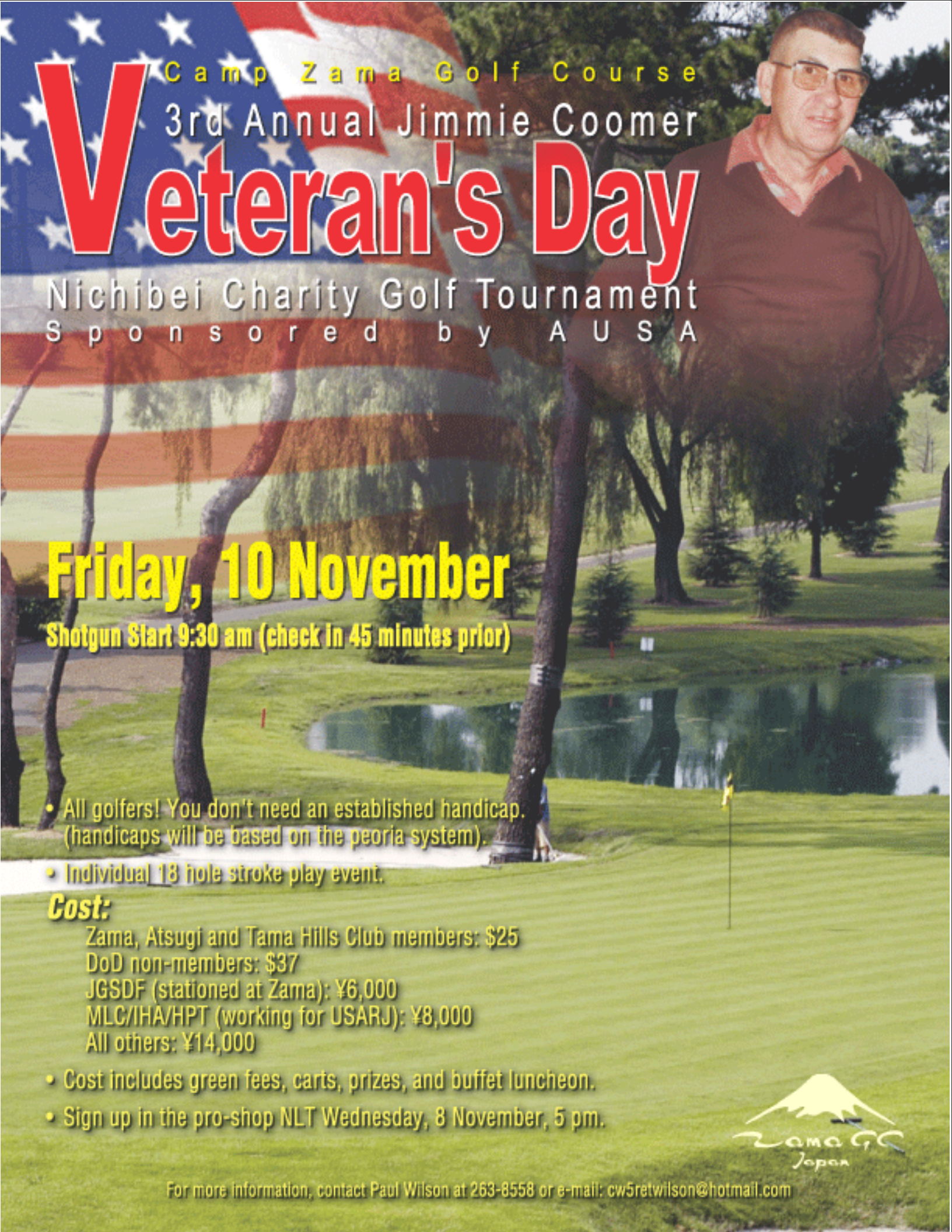


The best activities guide around!

NOVEMBER 2006



Jimmie Coomer Veteran's Day Golf Tournament – 10th
Community Night – 17nd
Turkey Shoot – 18th
Thanksgiving Buffet – 23rd
CCC Musical "Starmites" – 25th - 26th



Camp Zama Golf Course 3rd Annual Jimmie Coomer Veteran's Day

Nichibei Charity Golf Tournament
Sponsored by AUSA

Friday, 10 November

Shotgun Start 9:30 am (check in 45 minutes prior)

- All golfers! You don't need an established handicap.
(handicaps will be based on the peoria system).
- Individual 18 hole stroke play event.

Cost:

Zama, Atsugi and Tama Hills Club members: \$25
DoD non-members: \$37
JGSDF (stationed at Zama): ¥6,000
MLC/IHA/HPT (working for USARJ): ¥8,000
All others: ¥14,000

- Cost includes green fees, carts, prizes, and buffet luncheon.
- Sign up in the pro-shop NLT Wednesday, 8 November, 5 pm.



For more information, contact Paul Wilson at 263-8558 or e-mail: cw5retwilson@hotmail.com



The U.S. Army Garrison, Japan (USAG-J), MWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.



DMWR strives to provide individuals with disabilities reasonable accommodation,

and are included in all community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

Contents

| | |
|------------------------------------|----------|
| Army Community Service..... | 11,12 |
| Arts and Crafts..... | 17 |
| Auto Craft Shop..... | 5 |
| Bowling Center..... | 16 |
| Camp Zama Community Club .. | 13,14 |
| Camp Zama Golf Club..... | 3,4 |
| Chapel Activities..... | 18 |
| Child and Youth Services..... | 7 |
| Child Development Center..... | 8 |
| Community Cultural Center..... | 17 |
| Community Libraries..... | 24 |
| Directory of MWR Facilities..... | 25 |
| Directory of Program Managers..... | 2 |
| Hob Nob Inn..... | 15 |
| Outdoor Rec / Local Tours..... | 24 |
| Sagami Lounge..... | 15 |
| School Age Services..... | 6 |
| Sports Office..... | 19,20 |
| Torii Station, Okinawa..... | 21,22,23 |
| Youth Sports and Fitness..... | 8 |



THIS MONTH'S COVER

Our November Bugle cover shows our Camp Zama Community Club Chef Tsutomu Eda at the left with Cook Hideo Nakamura preparing a turkey for the 23 November Buffet. This popular buffet is from 11 am - 3 pm and the prices are adults: \$14.95; children 8 - 12: \$7.95; children 4 - 7: \$5.95, Children 3 and under are free (\$2 more at the door after COB 22 November). The menu includes a carving station with beef round and country ham, hot entrees to include roasted turkey with stuffing, seafood croquettes, chicken piccata, garlic whipped potatoes with gravy, green beans casserole, macaroni and cheese, candied yams fried rice and buttered corn. Also included are clam chowder and turkey noodle soups, mini salad bar, assorted breads and desserts and beverages such as hot apple cider, champagne and punch. Don't miss out! This is the highlight buffet of the year. Call 263-4133 for more information.

Photo by Mr. Richard Haun, technical enhancement by Hideko McKeta.

"See the Bugle for the advertisement".

The BOSS survey is now available at:
<http://www.armymwr.com/dsc/cril/bossurvey.htm>

JAPAN BOSS

If you have any questions or concerns regarding the survey, please feel free to contact either Carleton (Carleton.Sea@cfsc.army.mil) or Kristen (Kristen.Campbell@cfsc.army.mil).

C

omputer
Swing Analysis using "Total Vision"! Spend an hour with the pros for a detailed analysis of your golf swing using the latest computer technology. Cost is \$50 and includes a take home video tape. Call 263-4224 (Dale Jorgenson) for an appointment.

■ Camp Zama Golf Club • 263-4224

<http://www.usarj.army.mil/information/mwr/business/golf/>

PAYDAY SCRAMBLE (FREE)

MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥4,000 and JGSDF pay ¥2,000. Limited to personnel assigned to USARJ, supporting and tenant units and their family members.

- Friday, 3 November and Friday, 1 December (shotgun start at 11 am).

NICHIBEI FRIENDSHIP GOLF TOURNAMENT

Thursday, 16 November, 9:30 am, shotgun start. Cost is \$25 for SOFA status members and green fees for nonmembers. Contact Ernie Harada at 263-4225 to sign up.

TOMODACHI DAYS

Tomodachi Days in November are as follows:

- 6 November - Monday
- 17 November - Friday
- 20 November - Monday
- 27 November - Monday

Your Japanese guests (up to three) can play with you for the low fee of ¥4,000 plus cart. This is a significant savings over the regular rate of ¥10,000. Check with starters for available tee times.



CLUBHOUSE RENOVATION

CONSTRUCTION UPDATE

The contract to renovate the clubhouse has been awarded. Construction will start very soon. The project will be completed in phases. Phase I includes the new locker room addition, the new cart storage facility and a new stairway to the upper parking lot. During phase I, golf cart traffic from 9 green to 10 tee will be rerouted through the parking lot.

ATTENTION!

Please repair ball marks on the green. A ball mark that is repaired correctly heals in a few days. If it is not repaired, or is repaired incorrectly, it will be visible for weeks.




TURKEY SHOOT

Saturday, 18 November, 6:30 am

- Any amateur golfer with a current USGA or JGA handicap. Golfers without a handicap will play scratch. Handicaps will only be used to create the flights. USGA rules (except drivers with COR'S of .860 will be allowed -- current R&A limits).
- Flights will be determined after entries are received. Gift certificates will be awarded for low gross winners in each flight.
- Deadline for sign-up is Tuesday, 14 November, 5 pm (field is limited to 120 players).

COST: (includes carts, and buffet luncheon on Saturday).
 Zama, Atsugi and Yama Hills club members: \$25
 DoD non-members: \$37
 JSGDF (stationed at Zama): ¥6,000
 MLC/IHA/HPT, (working for USARJ): ¥8,000
 All others: ¥14,000



POC: Dale Jorgenson, Director of Golf, 263-4224 or e-mail: dale.jorgenson@zama.army.mil

Results of the "2006 Zama Open" Golf Tournament

The Camp Zama golf course staff hosted its last major tournament of '06, the ZAMA OPEN, on 21 - 22 October.



Pictured above with Dale Jorgenson, Director of Golf, are Yasuyuki Ishii, the men's champion, and Keiko Kunimoto, the women's champion. Top right, is Chuck Kruk (right) who won two round trip tickets to Hawaii. Tickets were presented by Bob McKeta, Director of Commercial Sponsorship, on behalf of NWA. Lower right, Mr. Hiroshi Kanisawa receives a four-night certificate to the Ohana Waikiki Beachcomer Hotel from Mr. Minoru Sato, Chief of Corporate Liaison, Outrigger Hotels & Resorts.



MWR COMMERCIAL SPONSORSHIP and the golf course staff sincerely thank the following sponsors for supporting this major golf event and the Camp Zama community:

- | | | |
|------------------------------|-------------------|-----------------------|
| • Bridgestone | • Taylor Made | • Hirokazu Mitsuhashi |
| • Dunlop Japan | • T.G.I. Friday's | • Taizo Nakagawa |
| • Midorigaoka Masuda-Ya | • Titleist Japan | • Keiko Nishimura |
| • Mizuno | • Top Flight | • Yokoyama Noriyoshi |
| • Nike Golf | • Hideo Arai | • Massao Okamura |
| • Northwest Airlines | • Ben Hogan | • Susumu Suzuki |
| • Obara Toso | • Minoru Inagaki | • Masao Takayama |
| • Outrigger Hotels & Resorts | • Seimi Ito | • Mitsuo Tsuchimochi |
| • Ping | | |

(sponsorship does not imply endorsement by the U.S. Government).

H

arley

Davidson resale items.

The Auto Craft Shop has limited resale items from Harley Davidson.

They have the basics for a tune up, various oil and lube, gaskets and spark plugs. Stop by the shop and see what they have to offer.

■ Auto Craft Shop • 263-3615

USED CAR LISTING

The Auto Craft Shop has a book of listings of used vehicles for purchase. If you would like to list your vehicle for sale please stop by Auto Crafts.

NOTE: We do not make recommendations for vehicles to be purchased.

HOURS OF OPERATION

Sunday - Monday Closed

Tuesday - Friday 1 - 9 pm

Saturday 10 am - 6 pm

Please note: Tuesday - Friday clean up starts a half hour before closing.

SERVICES

• Used Vehicle Courtesy Inspection

The Auto Craft Shop offers a 20 point courtesy inspection for Soldiers and eligible Camp Zama personnel who

are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying it. We do not make recommendations or give guarantees. Inspections are done by appointment only.

• Engine / Oil Flush

This service will help clean all the gunk build up and extend the life of your engine by revitalizing the different seals and gaskets within the oil system. The service is \$59.95 and all you need to do is provide the oil and a new oil filter and we do the rest. We offer this service by appointment only. Please note that this service is not for all vehicles, so please call or stop by so that we can make a determination.

• Fuel System Cleaning / Flushing

This service will work on any vehicle. This service will help get rid of most "hesitation" when you step on the gas pedal. This service is \$59.95, and we even provide the gasoline. The service is by appointment only.

CAR WASH

PREPAID CARDS FOR THE CAR WASH

The prepaid cards for the car wash machines located on Camp Zama, Sagami-hara Family Housing Area and Sagami Depot are sold at the Auto Craft Shop. The cost for one card is only ¥3,000, but you get an extra ¥500 worth of credit! It's easy to use.

Paid Advertisements

"See the Bugle for the advertisement".

■ School Age Services • 267-6317

Are you looking for a great place for your children before and after school? Well, School Age Services is that place. We open Monday thru Friday. Scheduled activities / field trips on half a day and no school days. Our hours of operation are from 5:30 am - 8:30 am and 3 pm - 6 pm, and on no school days we are open 5:30 am - 6 pm.

Our theme for the month of November is "Giving Thanks/Native

American Heritage Month"; our character counts focus on "Citizenship". The 4H Clubs offered this year are Tech Club, Photography Club, Art Club, Gardening Club and Sewing Club.

Our program provides mentoring intervention and education support through our after school power hour and homework time.

SAS Parent Advisory council

meets every third Thursday each month in Bldg 337 at 5 pm. All parents are welcome to come and support the SAS program.

Anyone interested in registering can go to the Central Registration Office located in Bldg 533 on Camp Zama, or please call 263-4125 for more information

For more information, please contact SAS at 267-6013.

30 30 30 30 30 30 30 30
CHILD & YOUTH SERVICES

CAMP ZAMA
CHILD AND YOUTH SERVICES
Paid Hourly Care Card

Family Name _____

Card Issue Control# _____




EFFECTIVE DATE:
1 DECEMBER 2006



•• Hourly Care Card ••

- \$35 (10 hours) for CDC Hourly Care
- \$25 (10 hours) for SAS Hourly Care

For more information: Mrs. Hyacinth Smith at the Central Registration Office at 263-3397

A Pre-paid "Hourly Care Card" must be purchased at Central Registration Office, Bldg. 533 prior to using the Hourly Care Program.

Zama American Middle and High School

HOMECOMING PARADE



The Zama American Middle School and High School held a Homecoming Parade with a variety of participants in the afternoon of 19 October. MWR was pleased to have been in the parade by hosting two floats - one from the MWR Business Division, pictured here, which included the clubs, the bowling center, the golf course and lodging. The other float was manned by Outdoor Recreation. As the parade made it's way from the school, past the PX and back again, mementos and candies were tossed to enthusiastic cheering parade watchers along the route.

"See the Bugle for the advertisement".

Paid Advertisements

F

riday, 17 November, our monthly "6th Grade Happening" will be held from 7 - 10 pm. The cost is \$2. Transportation will be provided from Sagami Depot at 5:45 pm, SHA commissary, and Atsugi Theater at 6:30 pm. Come out and enjoy a night of fun, food and lots of entertainment.



■ Child and Youth Services • 263-4500

www.zamayouthcenter.org

THE BOYS AND GIRLS CLUB

The Boys and Girls Club of Camp Zama have set up a variety of programs that meet the physical, emotional, cultural and social needs and interests of Camp Zama's youth. Here are several options your child could choose from on a daily basis:

- **Sports, Recreation and Fitness**
From basketball to table tennis, the Sports, Recreation and Fitness Program develop fitness, the positive use of leisure time and interpersonal skills.

- **Education and Career Development**

Want to see a kid smile? See his face when he gets an A on that paper? The education and career development program enables youth to become proficient in basic education disciplines, embraces technology and optimizes employability.

- **Technology**

Tech lab provides the latest software, provides technical training to club staff, and equips young people with the basic and advanced technological skills needed to excel in school

and the job market.

- **Health and Life Skills**

Setting personal goals and inspiring youth to nurture their own well being are just two of the many tools and skills this program develops.

- **Character and Leadership Development**

This program empowers youth to support and influence their Club and community, sustain meaningful relationships with others, develop a positive self-image, participate in the democratic process and respect their own and others cultural identities.

- **Arts and Cultural Enrichment**

The arts program helps youth enhance self-expression and creativity, develops multicultural appreciation, provides exposure to and develops skills in crafts, visual arts, performing arts, literary arts and music.

- **Specialized Programs**

These additional programs give specialized assistance to youth with certain needs. Follow this link to learn more about how these programs are helping the youth at Camp Zama.

Digital Arts Festivals in MUSIC MAKING

This years theme "In the News"

Thursday, 9 November, 5 pm

Most news programs have theme music. Club members create an original audio chip 30 - 60 seconds long. Create an up-to-date version that could accompany a local or national newscast. Incorporate lyrics or voiceovers ("This is the CBS Evening News with Katie Couric") or simply create a music-only track. Age groups are 10 - 12, 13 - 15 and 16 - 18. All local winners will advance to the regional competition.



MOVIE MAKING

Thursdays from 3:30 - 6:30 pm starting 16 November. Creative Movie making techniques. Club members begin by learning how to make movies using Movie Maker and Studio 8 and then learn more advanced techniques using Adobe Premier. Prepare for the upcoming contests: BGCA Movie Making Contest on 25 January 2007 and the CZAR awards in May.

- Contact Mr. Lawrence at 263-8573 or e-mail: techlab@zamayouthcenter.org for more information.

■ Child Development Center • 267-6564

SAGAMIHARA HOUSING AREA

• Closed

* Friday, 10 November (Veterans Day).

* Thursday, 23 November (Thanksgiving Day)

* Friday, 24 November (CYS training)

• **SHA CDC PAC Meeting** (for patrons only) will be held on Tuesday, 14 November, 4 - 4:45 pm, at the SagamiHara Housing Area Child Development Center.

• **Thanksgiving Luncheon for SHA CDC Parents**

Friday, 17 November, 11:30 am - 1 pm.

• **SHA CDC Parent Appreciation Trip to Yokosuka**

Saturday, 25 November, 8:30 am - 4 pm. Seats are limited.

For more information, please phone Ms. Heather O'Leary, 267-6348.

ZAMA CHILD DEVELOPMENT CENTER

• Closed

* Friday, 10 November (Veterans

Day).

* Thursday, 23 November (Thanksgiving Day).

* Friday, 24 November (training holiday).

• Zama Pac Meeting

Will be held on Wednesday, 8 November, 4 - 5 pm.

• Thanksgiving Luncheon Zama

CDC Parents

Friday, 17 November, 11:30 am - 1 pm.

• Parent Participation Day

Saturday, 25 November, 8:30 - 4 pm. Shop at Yokosuka base. One bus will be provided (40 max).

For more information, please phone 267-8081

Zama Child Development Center

Parents Night Out

Zama CDC Hourly Care is offering a Special Friday Parents Night Out "Child Care".

Friday, 17 November, 6:30 - 11:30 pm

Please serve dinner prior to dropping off your kids (only snacks will be provided).

\$20 per child

For reservations:

- Reservations must be made by 9 November.
- Unlimited space available.
- Must be registered with child and Youth Services (CYS).
- Cancellations must be made two (2) days prior to the event.
- For more information, please call Ms. Hyacinth Smith.

SCHEDULE OF YOUTH SPORTS ACTIVITIES

| Events | Registration Date | Event Date | Time | Age Group |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-----------------|-------------|----------------------------------------------------------|
| Volleyball Season (Girls) | | 4 Nov - 16 Dec | TBA | 9 - 11, 12 - 15 |
| Flag Football • *5 - 6 age division if there are 25 registrants. | 31 Aug - 5 Oct | 4 Nov - 16 Dec | TBA | *5-6, 7-10, 11-15 |
| Flag Football (Cheerleading) | | 4 Nov - 16 Dec | TBA | 4-6, 7-10, 11-15 |
| Teen Kahuna Benchpress Competition • At the Zama Teen Center | | 17 Nov | 1600 - 1800 | 13-18 |
| Hoops Against Hunger • At the Yano Fitness Center | Open | 8 Dec | TBA | 3-18 |
| Mandatory PAYS Meeting at Zama Teen Center • Both parents must attend who have children participating in youth sports. This will be current for one year. This is a new format for PAYS. Parents who have attended prior must attend either 12 or 13 December. | | 12 or 13 Dec | 1815 - 1900 | |
| Basketball Registration • High school JV and varsity players that meet the age requirement are eligible. | 1 Nov - 13 Dec | 6 Jan - 17 Feb | TBA | 3-4, 5-6, 7-8, 9-10 11-12, 13-15 Girls 9-11, 12-15 |
| Cheerleading (Basketball) | 1 Nov - 13 Dec | 6 Jan - 17 Feb | TBA | 4-6, 7-10, 11-15 |
| Swim Team Season • Registration will stay open throughout the season. | 28 Nov - 10 Jan | 13 Jan - 24 Mar | TBA | 5-15 |

• All registrations are taken at the Central Registration Office, Bldg #533. For more information, call 263-5437/3424.

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■ Paid Advertisements

“See the Bugle for the advertisement”.

A

ER/Financial/
Employment.

The ACS Financial Readiness Program offers a variety of services such as finance education, budget assistance and personalized budget counseling, plus a host of many other finance support programs. This program was created to enhance and maintain mission readiness and quality of life by providing Soldiers and their family members a ready-made program to help achieve personal financial readiness and deployability through the use of sound money management and consumer skills. For more information, contact Timothy Toney at 263-8091.

■ Army Community Service • 263-8327

RELOCATION READINESS 263-HELP (4357)

• *Newcomer's Train Class Parts I and II*

Part I: 16 November, 6 - 8 pm, ACS Community Room, Bldg 402. This class will teach you how to read the signs in the stations, buy train tickets and more.

Part II: 18 November, 9 am - 4 pm, Gate 4, Camp Zama. Join us as we practice how to travel by train and subway. Children and family members are welcome; bring about ¥1,300 per person for transportation expenses and extra yen for shopping.

• *English Teacher's Network*

Thursday, 16 November, noon - 1 pm, ACS Outreach Room, Bldg. 402. Find out how to recruit students, what fees to charge, where to find teaching materials and more.

• *Shopping on the Economy*

17 November, 9:45 am - 12:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local super market, then on to the five story ¥100 shop in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.

• *English as a Second Language*

Every Monday from 10 am - noon, ACS Outreach Room, Bldg. 402.

Learn the language while studying customs, traditions and idioms.

• *Knitting and Crocheting Class*

Every Tuesday from 9:30 - 11:30 am, ACS Outreach Room, Bldg. 402 (for all levels).

• *Japanese Language Class*

Every Wednesday from 10 am - noon, ACS Outreach Room, Bldg. 402 (taught by a native Japanese speaker).

• *Sponsorship Training*

Every 2nd Thursday of every month from 1:30 - 2:30 pm, ACS Outreach Room, Bldg. 402. Mandatory for all personnel assigned as a sponsor. Unit training is available upon request.

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)

Please contact Edward Chinneth at 263-8089 to schedule your unit pre-deployment readiness training, reunion briefing, family readiness group training, and unit rear detachment commanders training.

• *Pre-deployment and Ongoing Readiness Training*

This training is designed to help all deploying military, civilians, and their families prepare for a less stressful and more successful deployment held the 2nd Thursday of each month from 3 - 4 pm in the ACS Outreach Room.

• *Deployment Readiness Support Group*

If your spouse is deployed, then ACS is looking for you! The support group is held the 2nd Thursday of the month from 5:30 - 6:30 pm in the ACS Community Room, Bldg. 402.

FAMILY ADVOCACY PROGRAM 263-HELP (4357)

The Family Advocacy Program provides services that are designed to prevent spouse and child abuse. The prevention of family violence is a community responsibility which includes awareness, education, and intervention in high-risk situations. If you, your unit, or organization would like to schedule a class, work-

NEWCOMER'S ORIENTATION

Tuesday, 14 November, 8:30 am - 4 pm • Community Cultural Center, Bldg #267

- Mandatory for military and civilian personnel. Adult family members are encouraged to attend (free childcare is available by phoning CDS in advance at 263-4743).
- Key personnel will present an overview of the policies and services available, plus key reps from numerous organizations will be on-site to answer questions and provide informational handouts.
- Opening welcome by the Commanding General and the Garrison Commander.

"See the Bugle for the advertisement".

shop or seminar on topics such as spouse and child abuse prevention, reporting and referral procedures, safety education, family life enhancement etc., contact the Family Advocacy Program at 263-8327.

The Reporting Point of Contact (RPOC) for suspected child abuse and spouse abuse is the Military Police at 263-3002. Reports of domestic violence may be made on a restricted basis only to the following designated personnel: military health care providers, Family Advocacy clinical social workers at Behavioral Health Services at 263-4610, and the Family Advocacy Program Manager (FAPM) at 263-4782. Information provided in restricted reports will not be disclosed automatically to command or law enforcement. Access to medical care, forensic examination, advocacy, intervention and support will be provided. Contact Luticia Trimble-Smith at 263-4782 for additional information about domestic violence restricted and unrestricted reporting.

EXCEPTIONAL FAMILY MEMBER PROGRAM, 263-HELP (4357)

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with family members with special needs. It is important for spouses to enroll their family members to ensure their family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the family member, whichever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. For more information or to register for upcoming

NEW PARENT SUPPORT PROGRAM

The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Breast Feeding Support Group** is held Thursday, 2 November, 9:30 - 10:30 am, at ACS, Bldg 402.
- **Play Morning:** 7, 14, 21, 28 November from 9:30 - 11 am at SHA CDC, and 9, 16, 30 November from 9:30 - 11 am at SHA CDC.
- **Baby Love Seminar:** "Preparing for Your Child's financial Future" Tuesday, 14 November, 10 - 10:30 am during Zama Chapel Play Morning.
- **Community Parenting Workshop:** "Preparing for the Holidays with Young Children" Monday, 20 November, 9 - 10 am at ACS Bldg 402. (Preregister by COB 17 November at 263-8327).

ing workshops, contact the ACS EFMP Coordinator at 263-4785.

COMMUNITY LIFE OFFICE, 263-HELP (4357)

• **Army Volunteer Corps (AVC)**

Would you like to learn new skills, meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. Become a Camp Zama volunteer by contacting your Army Volunteer Corps Coordinator.

• **Army Family Action Plan (AFAP), 263-HELP (4357)**

To submit an AFAP issue, log onto [http://](http://www.mwrjapan.jp.pac.army.mil/)

www.mwrjapan.jp.pac.army.mil/ and click on "Submit a 2006 AFAP Community Idea/Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager.

INFORMATION AND REFERRAL 263-HELP (4357)

Information and Referral (I&R) has finalized the ACS-Resource Contact Information Database which provides information on services, agencies and organizations of most military bases throughout Japan. This database is accessible at <https://intranet.zama.army.mil>. First click on the USAGJ icon, then the Morale Welfare and Recreation icon and finally the ACS-Resource Contact Information icon (deselect the pop-up blocker security setting). I&R also provides maps on local, public, private and voluntary agencies and organizations on Camp Zama, military installations throughout Japan, and the local Japanese economy. I&R provides a vital link between people who need help and the organizations which provide that help.

Sexual Assault Prevention & Response Program (SAPRP)

This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who is sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 267-4782 or the on-call Unit Victim Advocate at 090-9395-8909. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-4782.



E

very Tuesday Night Family Special. The "Theme Menu" such as American, Chinese, Japanese, Korean, Mexican and Italian will change every week. The special includes soup and salad bar, hot vegetable of the day and your choice of baked potato, rice, mashed potato or fries.

COUNTRY MUSIC W/DJ

Every Saturday night
8 pm - 2:30 am.

In the Firelite Lounge,
playing your favorite
country artiste songs.

FREE LINE DANCE

Please call 263-4547 for
information on the
Wednesday night free
line dance instruction
from 8 - 9:30 pm.

Camp Zama Community Club

• 263-4133

SPECIALTY OF THE DAY

Tuesday

- Tuesday Night "Family Special" 5 - 9 pm. Any two meals for \$10.

Wednesday

- Lunch special "Pasta Buffet" only \$6.95.
- Wednesday Night "Mongolian BBQ" in the ballroom, 5 - 9 pm.

Thursday

- Lunch special "Oriental Buffet" only \$6.95.
- Thursday night All You Can Eat "Pasta, Pizza, Soup and Salad Bar"

Friday

- Lunch special "Assorted Buffet" only \$6.95.
- "Chef's Special" on Friday evenings plus our regular menu.

Saturday

Prime Rib or Prime Rib and Shrimp Scampi. Our regular menu will be offered in addition to the above specials on Saturday night.

Sunday

2 for 1 "Steak Night" (good for "Steak of the Night"). Modified menu will be offered on Sunday nights.

Friday, 10 November (Veteran's Day), the Camp Zama Community Club opens at 5 pm for regular night operations.

LUNCH

Sunday Brunch (10 am - 1:30 pm):

Adult: \$12.95
Youth 8 - 12: \$4.95
Youth 4 - 7: \$2.50
3 and under: Free

Tuesday

- 7 • Chinese Fried Pork
- Chicken Don
- Rotisserie Chicken
- 14 • Spanish Chicken
- Katsudon
- Rotisserie Chicken
- 21 • Chicken Fried Steak
- Chicken Don
- Rotisserie Chicken
- 28 • Baked Fish Fillet
- Katsudon
- Rotisserie Chicken

Wednesday

Pasta Buffet (\$7.95)

Thursday

Oriental Buffet (\$6.95)
23 Thanksgiving Day Buffet
(11 am - 3 pm). No lunch.

Friday

Assorted Buffet (\$6.95)
10 Club open 5 pm (Veteran's Day).
24 Club Closed (No lunch).

Saturday - No Lunch

CAMP ZAMA COMMUNITY CLUB



\$10,000.00 BINGO

Thursday:
Cards on sale: 6 pm
Early Bird Game: 6:45 pm
Regular Game Start: 7 pm

Sunday:
Cards on sale: 5 pm
Early Bird Game: 5:45 pm
Regular Game Start: 6 pm

For more information, please call 263-4547.

* Progressive \$10,000.00 starting with 48 numbers and every Sunday will go up 1 number.



Camp Zama Community Club • Firelite Lounge

Lots of finger foods, karaoke

USAR-J COMMUNITY NIGHT

Friday, 17 November, 5 - 8 pm

Advance ticket: \$3.00
At the door: \$5.00

For more information, call 263-4547

DINNER MENU

Sunday

- 2 for 1 Steak Night (good for "Steak of the Night" only).
- Limited Menu

Monday - Closed

Tuesday

Limited Menu

2 for 1

(Family Night Dinner)

Includes soup, salad bar, hot vegetable of the day and your choice of baked potato, rice, mashed potato or fries.

- 7 • Sweet Sour Pork
- Chicken Parmesan w/Pasta
- Roasted Chicken
- Baked Meat Loaf
- 14 • Beef Stroganoff
- Chicken Cordon Bleu
- Roasted Chicken
- Strimp Etouffee w/Jambalaya
- 21 • Bulkogi
- Veal Parmesan on Fettuchine
- Roasted Chicken
- Mock Fillet
- 28 • Chicken Fajita
- Cod Florentine
- Roasted Chicken



Eda's
Seafood and Filet

A touch of Elegance

Something for everyone!
Reservations are encouraged.
Dress code is business casual, no tie or jacket required. Open Friday and Saturday, 5 - 8 pm.



DINNER MENU

Wednesday (5 - 9 pm)

- Pasta Pescatore
- Mongolian BBQ
- Limited Menu

Thursday

- Regular Menu
- "All You Can Eat Pasta, Pizza, Soup and Salad Bar"
- Adult: \$9.95
- 8 - 12: \$5.95
- 4 - 7: \$3.95
- 3 and under: Free

- Bingo Night (game starts 7 pm)
- 23 Thanksgiving Day Buffet (11 am - 3 pm), club closed after 3 pm.

DINNER MENU

Friday

Regular Menu (5 - 10 pm)

- Chef's Special (5 - 9 pm)
- Eda's (5 - 9 pm)

20 Community Night

Regular Menu (5 - 10 pm)

Chef's Special (5 - 9 pm)

Eda's (5 - 9 pm)

Saturday

- Regular Menu
- Prime Rib Dinner
- 6 oz Prime Rib and Shrimp Scampi

Our regular menu will be offered in addition to the above specials on Saturday night.



MONTHLY CUSTOMER APPRECIATION DRAWING:

The December prize is a "Free Night Stay" at the Zama Lodging Suite and "Sunday Brunch" for two, a \$100 value (must be used within two months).

The January '07 prize is a bowling ball, a \$150 value, and free drilling.

Don't forget to put your receipt in the boxes located in MWR business facilities.

Camp Zama Community Club (Firelite Lounge)

Oldie/Rock "N" Roll and R&B Band

FREEDOM BAND



Sunday, 26 November
9 - 11 pm
with DJ from 10 pm - 1 am

P

lease join us for our annual pre-Thanksgiving dinner on 16 November. Also, keep your eyes open for the upcoming special entertainment events at "your" Sagami Lounge in the coming months!!



November Activities

- Friday, 3 November, 8 pm, 70's and 80's Old School Music w/DJ
- Saturday, 4 November, 6 - 8 pm, Family Time Bowling
- Friday, 17 November, 8 pm, Country Music, w/DJ
- Friday, 24 November, 8pm, Country Music w/DJ

■ Sagami Lounge • 268-4954/4847 Orders: 268-4142

LUNCHES

MONDAY

- 6 Beef Stroganoff
- 13 Hamburger Steak w/Cheese Mushroom Sauce
- 20 Tandori Chicken
- 27 Chicken Fajitas w/Rice Pilaf

TUESDAY

- 7 Teriyaki Chicken
- 14 All-U-Can Eat Italian Buffet
- 21 Baked Ham w/Orange Sauce
- 28 All-U-Can Eat Chinese Buffet

WEDNESDAY

- 1 Chicken Cordon Bleu
- 8 Okinawa Chicken Taco Rice
- 15 Chinese Chicken w/Chili Sauce
- 22 Lasagna w/Garlic Toast
- 29 Italian Hamburger Steak

THURSDAY

- 2 Sweet and Sour Pork
- 9 Lasagna w/Garlic Toast
- 16 Hungarian Pork Stew
- 23 Closed for Thanksgiving
- 30 Breaded Chicken w/Mustard Sauce

FRIDAY

- 3 Breaded Catfish
- 10 Closed for Veteran's Day
- 17 Seafood Pot Pie
- 24 Fried Shrimp w/Curry Sauce

DINNER SPECIALS

TUESDAY NIGHT (LIMITED

MENU/DINNER SPECIAL - \$7.50)

- 7 Mexican Dinner Special
- 14 BBQ Dinner Special
- 21 Japanese Dinner Special
- 28 Pizza and Pasta Dinner Special

WEDNESDAY NIGHT

Family night movies for adults and youth (1, 8, 15, 22 and 29 November) regular dinner menu. Choose your discount.

THURSDAY NIGHT (CHEF'S

DINNER SPECIALS)

- 2 French Dinner: Beef Steak w/Wine Sauce
- 9 Japanese Dinner: Salmon Saute w/Yuzu Sauce
- 16 Thanksgiving Dinner
- 23 Closed for Thanksgiving Day
- 30 Chef's Choice: Stuffed Chicken

FRIDAY NIGHT

- 3 Steak and Lobster Tail (\$25)
- 10 Closed for Veteran's Day
- 17 Steak and Shrimp Set (\$20)
- 24 Prime Rib Set (\$20)

SATURDAY NIGHT

(MONGOLIAN BBQ)

Saturday, 4, 11, 18 and 25 November. The best Mongolian BBQ in town!!!

HOB NOB INN

**Fridays 4:30 pm - 1 am
(adults only)**

Visit Hob Nob Inn and check out the new large 42" flat screen television and karaoke machine. We have the equipment to make you look like movie stars and sound like professional singers.

(Located in the Sagami-hara Housing Area)



HOURS OF OPERATION

Monday, Tuesday, and Thursday:
4:30 - 9 pm
Wednesday: 4:30 - 11 pm
Friday: 4:30 - 1 am

■ Zama Bowling Center • 263-4780

THIS MONTH'S SCHEDULE

- **King of the Hill Tournament**
Sunday, 5 November, 11 am - 5 pm
- **Veteran's Day Bowling Tournament (CANCELLED)**
Saturday, 11 November, 1 - 5 pm.
- **No Tap 3, 6, 9 Tournament**
Sunday, 12 November, noon - 5 pm.
- **Cosmic Bowling Party**
Saturday, 25 November, 7 - 10 pm.
- **Free Family Time Bowling**
Every Wednesday, 3 pm to closing (compliments of MWR).
- **Free Bowling at Lunch Time**
Buy lunch and bowl free from 11:30 am - 1 pm, Monday thru Friday (with lunch purchase of \$4.50 or

more). Pick up the calendar for November "daily lunch specials" at the snack bar or contact Emiko at 263-4780 to get on our email list.

PRE-PAID BOWLING CARDS

Adult, 10 games for \$15; youth, 10

games for \$5 (a saving of \$2.50).

RED PIN BOWLING DAILY DURING OPEN BOWLING

Get a strike with the Red Pin in the #1 spot and you get a free game coupon redeemable within a month.



HEY KIDS!

WINNERS

1st Place Winner: Ben Simons
Prize: Portable DVD Player

2nd Place Winner: Auneccia Chatman
Prize: IPOD Shuffle

A

Arts and Crafts

Center is looking for instructors who can teach "sawing, water color paint, washi paper craft and acrylic paint arts". For detailed information, call Mr. Nodera at 263-4412.

WANTED

The Arts and Crafts Center is looking for the following:

- Frame Maker who has at least three years experience.

Arts and Crafts • 263-4412

NEW SCHEDULE FOR POTTERY CLASS

- **Every Wednesday, 3 - 6 pm**
\$20 a class (materials are included)
Instructor: Mr. Ikuta
Basic hand building for beginners and electric wheel instruction for the intermediate level.
* One month and/or three month classes are also available:
One month class (4 classes),
\$50 (materials are not included).
Three month class (12 classes),
\$120 (materials are not included).
- **First and Third Thursday of the month, 6 - 10 pm**
\$20 a class (materials are in-

cluded)

Instructor: Ms. Imajima
Basic hand building for beginners and electric wheel instruction for the intermediate level.

* Etsuke (drawing for potter) is also available.

- **First Saturday of the month, 10 am - noon**

\$20 a class (materials are included).

Instructor: Enomoto
Beginner and intermediate.

Note: For the above classes you must advance register by calling 263-4412.

UPCOMING CLASS

"Christmas Decoration Making"

Community Cultural Center • 263-3939

2007 Army Soldier Show (Nominations for performers and technicians)

- Nominations are being accepted for performers, vocalists, dancers, musicians and specialty acts.
 - Nominations for technicians are also being accepted for lighting, audio, video, costuming and stage technicians.
- Performers and technicians with past experience in theatric leadership, team building, and mechanical or electrical aptitude will also be considered for other positions such as stage manager, etc.

For more information, call 263-8892 or e-mail hiroaki.takase@zama.army.mil

NEW CLASSES

- **Polynesian Dance (four classes a month).**
\$35, Wednesday, 4 - 6 pm.

CLASSES

- **Hula Dance I and II (four classes a month).**
I (beginner): \$50

Monday, 5 - 6 pm.

II (intermediate): \$50

Thursday, 5 - 6 pm

- **Piano Lesson (four classes a month).**

¥6,500, Monday or Friday.

- **Violin Lesson (four classes a month).**

¥6,500, Tuesday or Thursday.

- **Koto Lesson (four classes a month).**

Adult: ¥8,000, Youth: ¥7,000,
Tuesday or Thursday.

INSTRUCTORS WANTED.

The Community Cultural Center is looking for dance, piano, violin, koto and shamisen instructors. For more information, call 263-8892 or 263-3939.

BALLROOM DANCE

- **Ballroom Dance I: Beginner (four classes per month).**

Tuesday: 5:15 - 6:10 pm (¥2,000)

Basic: Waltz, Tango, Cuban
Rumba and Cha Cha Cha.

Party Dance: Slow Rhythm

Dance, Jitterbug and Mumbo

- **Ballroom Dance II: Intermediate (four classes per month).**

Tuesday: 6:20 - 7:15 pm (¥4,000).

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Thursdays, noon - 12:15, daily Mass, Blessed Sacrament, Chapel

Sundays, 9:15 am, Mass, Zama Chapel

Childcare is provided for children up to 36 months from 9 - 10:30 am at Bldg 502 (bldg next to the Chapel parking lot).

Sundays, 10:45 am, CCD, Religious Education Center

1st Friday, 7 pm, Our Lady's Rosary Makers, Religious Education Center

3rd Thursday, 6:30 pm, CWOC, Zama Chapel

PROTESTANT SERVICES

Sundays, 9:30 am, Adult Class, Religious Education Center

Sundays, 11 am, Worship Service, Zama Chapel

A nursery is provided for children up to 36 months at Zama CDS Bldg 502 during the time of Sunday Services only.

SAGAMIHARA INSPIRATIONAL SERVICES

Sundays, 9 am, Sunday School, Sagamihara Chapel

Sundays, 10:30 am, Worship Service, Sagamihara Chapel

PENTECOSTAL WORSHIP SERVICE

Sundays, 8 am, Worship service,

SHA Chapel

Sundays, 9 am, Children's Church, Sagamihara Chapel

Tuesdays, 6:30 pm, Bible Study, Sagamihara Chapel

Fridays, 6:30 pm, Prayer, Sagamihara Chapel

SEVENTH DAY ADVENTIST SERVICES

1st Sundays, 10 am, Joint Service, Traditional Chapel at Yokota AB.; contact Pastor Pae at 045-922-3218

JEWISH SERVICES

3rd Fridays, 6 pm, Monthly Sabbath services and meals, Zama Chapel, contact Laura Dadswell at 267-6824.

ECKANKAR

An introduction to Eckankar, Religion of the Light and Sound, in the Religious Education Center. All are welcome. For more information, call Sue, 263-7858.

BUDDHIST SERVICES

(Soka Gakkai International)

Mondays and Fridays, 7 pm, discussion, SHA Chapel, contact Mr. or Mrs. Fulford at 046-257-0613.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Sundays, 1 - 4 pm, Sunday Service,

LDS Church located on Route 40, 5 - 10 minutes outside Atsugi Base East Gate

Tuesdays, 7 pm, Tuesday Night Youth Service, 7 pm, SHA Chapel

Call Richard Smith, 263-6545, or Reid Maekawa, 263-7869.

THE CHURCH OF CHRIST

Sundays, 9:45 am, Worship, Atsugi Small Chapel

Wednesdays, 7 pm, Bible Study, Camp Zama #1076A

For more information, call 263-7924 or e-mail glandll@yahoo.com

ON GOING BIBLE STUDIES

Thursdays, 9:30 am, PWOC (Protestant Women of the Chapel) Bible Study, Lisa Gray at 267-6565.

Thursdays, 11:30 am, Men's Bible Study, CZCC Roberto's, CH Sears at 268-4242 or 267-6086.

Thursdays, 6 - 8 pm, PWOC Bible Study, Zama Chapel, Lisa Gray at 267-6565.

Fridays, 6 - 7 pm, Single Soldier's Bible Study, Religious Education Center, SGT Ryan Eberly at 263-4898.

CHAPEL ACTIVITIES IN NOVEMBER

Wednesday, 1 November, noon and 6 pm, All Saints Day Mass, Zama Chapel.



HQ IMA ACOE ASSESSMENT TEAM



13 - 17 November

Verify and clarify information provided in USAG-J application for the Army Communities of Excellence (ACOE) Award for FY 2007. Please support the USAG-J ACOE Campaign!

Please address your questions and/or comments to the Plans, Analysis and Integration Office (PAIO), USAG-J, at DSN (315) 263-5635 (Naito) / 644-4619 (Nory).

T

he jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance.

■ Sports Office • 263-3954/4664

SEITAI MASSAGE

Japanese Physiotherapy with "Yukari" is available on Fridays, 5:30 - 8:30 pm (first appointment at 5:30 pm and the last appointment at 7:15 pm), and on Sundays, 11 am - 6 pm (first appointment at 11 am and the last appointment at 5 pm). Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

WANTED

The Yano Fitness Center is looking for the following:

- Aerobic Instructors
- Yoga Instructors

MASSAGE

"Massage with Shizuka" is now being offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Wednesdays, Fridays, and Saturdays. First appointment is 10:30 am and the last appointment is 4 pm. Call the front desk at 263-4664 for additional information. The cost is \$45 for 60 minutes, \$35 for 45 minutes or \$25 for 30 minutes. Payment must be made when making an appointment.

TANNING BOOTH AND AQUA MASSAGER

Tanning booth:
 \$2.50 a visit
 \$20 for 10 visits
 \$35 for 20 visits
 Aqua Massager:
 \$5 for 15 minutes.

AGE POLICY FOR POOLS

Children 12 years of age and below are NOT permitted in the pool unless accompanied by, and under the



INVITATIONAL RACQUETBALL TOURNAMENT

Saturday, 18 November, 10:30 am

The event is open to all (18 years of age or older and not in high school). There will be a men's and women's division. Please register at the Yano Fitness Center issue counter by Wednesday, 15 November at 8:30 pm.

For more information, call Andy Abear, 263-7980 or e-mail: andrew.abear@us.army.mil



ARMY-NAVY

Flag Football Game

Saturday, 2 December, 11 am at Berkley Field, Yokosuka Naval Base

FREE

Come out and support your team.

For more information, call Andy Abear, 263-7980 or e-mail: andrew.abear@us.army.mil

direct supervision of, a parent or guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in a special program organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

LEARN-TO-SWIM PROGRAM

The Fall "Learn-to-Swim Program" began in October. Registration deadline is the Wednesday prior to the start of each session. Youth and adult classes are offered. See the flyer for specific details: locations, dates, times, and levels offered. Some dates may change or vary. Classes may cancel based on staffing availability and/or participation at specific locations, times, and levels. For more information, call Kimberly Bailes at 263-5656.

POOL PARTY RESERVATIONS

If you are considering a pool party, please submit a "Pool Usage Reservation Request" to the Yano Fitness Center no less than two weeks in advance. Three weeks in advance for parties during non-operational hours. Forms are available at the

Yano Fitness Center. Forms can be e-mailed to you upon request. NOTE: There are NEW pool reservation fees. For more information, call Kimberly Bailes, 263-5656.

TRAINING RESERVATIONS FOR SWIMMING POOL

If you are considering utilizing the Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the aquatics director at the Yano Fitness Center. For reservations, submit the reservation request no less than two weeks in advance. Forms can be e-mailed upon request.

Need ideas for PT Training? Do

you need an instructor? We can help! Types of training we support: Water Survival Training, Water Aerobics, Aqua Jogger, APFT Swim Test, Group Swimming Lessons (FREE for Soldiers during PT only), Water Exercise, Swimming Technique, Water Polo, and Water Basketball. For information, call Kimberly Bailes, 263-5656.

●●● POOL HOURS ●●●

Yano Indoor Pool

Mondays - Friday: 0600 - 1900

Saturday, Sunday and Holidays:

1000 - 1800

(unless otherwise posted)

Lifeguard Office 263-5037, Aquatics Director 263-5656

WATER AEROBICS

Water Aerobics Classes:

Tuesdays and Thursdays, 9 - 10 am

Mondays, Wednesdays, and Fridays, 6 - 7 pm

See flyer for specific details and cost.

●●● For more information, call Kimberly Bailes at 263-5656 ●●●



SPORTS, FITNESS & AQUATICS

ZAMA'S BIGGEST LOSER

WEIGHT LOSS COMPETITION



Competition Dates

15 Nov. ~ 7 Feb.



*Register by 14 November at Yano Fitness Center

GRAND PRIZE

*Life Fitness Exercise Bike
To the "Overall" Winner!

* For more information, please contact Joe Kumzak at 263-4042/2664.

S

exual Assault

Response and Prevention
Program (644-4908).

The Sexual Assault

Response Coordinator

(SARC) can be reached at

090-6861-6149 (24 hours

a day). Information about

restricted and

unrestricted reporting of

sexual assault can be

obtained from the SARC.

■ Torii Station, Okinawa MWR Activities • 644-4270

ARMY COMMUNITY SERVICE 644-4110

• Family Advocacy, 644-5919

The Family Advocacy Program goal is to promote healthy families. Family Advocacy focuses on prevention, intervention and treatment of domestic violence. The Reporting Point of Contact for Torii Station for suspected child or spouse abuse is the Military Police at 644-4715.

• Exceptional Family Member Program

For general information or website information, please phone 644-4106 or email Mr. Boullion at: john.boullion@okinawa.army.mil.

• Relocation Readiness Assistance Program 644-4385

* Relocation Assistance

The Relocation Program assists Soldiers and their family members throughout their mobile military life-style. Services include Newcomers Orientation, Welcome Packets, Loan Closet, Sponsorship Training and information about military installations worldwide.

* Welcome Packet

If you are new to Okinawa or are sponsoring a new Soldier or family, ACS has information that will help make any Soldier's experience on Okinawa a more pleasant one. Please call ahead if more than 2 - 3 packets are needed.

* Loan Closet

ACS operates a Loan Closet for Soldiers, family members, and civilians in transition (incoming / outgoing). The items are loaned at no charge for up to 30 days. Extensions are granted if additional time is needed.

* Sponsorship Training

Learn to be an efficient and effective sponsor. This training is mandatory for all Soldiers and civilians who will be tasked to be a sponsor. Training can be conducted for an individual or in a group session, as needed by the units.

• Outreach/IVC Programs

644-4116

* IVC Program

The Community Programs/IVC is designed to support families of deployed Soldiers. Monthly programs are planned, plus there are opportunities for future jobs. These programs offer


Army on Okinawa Golf Activity

PAYDAY GOLF SCRAMBLE

Monday, 6 November, 7 am
Banyan Tree Golf Course

The November Army Golf Program is being offered at a reduced price to all Army SOFA status patrons. To register, visit the Torii Physical Fitness Center, pay the \$10 fee, and submit required signature. Come join the Army on Okinawa for the Payday Golf Scramble. It's never too late to enter yourself or team/unit in this event; however, it does pay to register early.

Torii Station Sports and Fitness Center, Bldg 275
For more information, call 644-4334 or e-mail james.perry@okinawa.army.mil



5K/10K Fun Run or Walk Saturday, 4 November, 8:30 am

- Check in 7:30 am, Race Briefing at 8:15 am at the Torii Beach Main Stage
- 5K Run or Walk: one lap Torii Station Perimeter
- 10K Run or Walk: two laps Torii Station Perimeter
- Divisions men and women's (17, 18-29, 30-39, 40+)
- Awards: Medals for 1st, 2nd, and 3rd place in each category
- All authorized facility patrons are eligible to participate
- Deadline: All entries must be received by the Sports Office, Bldg 275, NLT COB 3 November
- Entry Fee: \$10 donation or an unwrapped gift for the Angel Tree (valued at \$10)

Applications are available at the Torii Fitness Center. Submit application via Sports Office, Torii Fitness Center, Bldg 275. You can register via e-mail at jeffrey.fanning1@us.army.mil, call 644-4334 or register the day of the race.

Kick off the Holiday Season with a 5K and 10K Run (or walk) to support Army Community Service Holiday Programs. The ACS Holiday Food Voucher Program and Angel Tree Program enhance the holidays for many Army Families! For more information on these programs, please contact Allyson Glass, 644-4378 or allyson.glass@us.army.mil.



incentives for those of deployed Soldiers to ease the deployment stress.

*** Baby Bundles**

To help welcome the new little Soldiers into the world, ACS offers a free gift to all expectant Soldiers and/or family members. If you are expecting, or recently had a baby, please come by to pick up your free baby bundle today!

*** Free Childcare**

PCS Childcare: 10 free hours for in or out-processing Soldiers.

Newcomer's: five free hours if the Soldier's spouse attends the Newcomer's Briefing.

Deployment: 10 free hours per month for as long as the Soldier is deployed.

Reunion: 16 free hours after the Soldier returns from deployment.

NOTE:

- Deployment must be longer than 30 days; no schools.

- These programs are open to children who are registered at any CDC.

*** Free Oil Change**

ACS provides free oil change and vehicle lubrication to spouses of deployed Soldiers. If the Soldier is deployed for longer than 30 days, please bring your orders to pick up your voucher. You are entitled to one voucher per six months.

*** Deployment Packets**

ACS offers deployment packets to spouses of deployed Soldiers which can help you cope with deployment and reunion issues. ACS also has coloring books and letter writing kits for children.

*** Employment Assistance**

ACS provides assistance with resume writing and interviewing skills. ACS also provides a listing of jobs that are available on Okinawa.

**• Financial Readiness Program
644-4378**

*** FSSA (Family Subsistence Supplemental Allowance)**

FSSA was created by Congress to address the problem of service members having to use food stamps. If you are a lower enlisted Soldier with a large household, you could be eligible for this program.



RUSH IN FOR SAVINGS

FINANCIAL READINESS PROGRAM

Do you find yourself living paycheck to paycheck? Do you want to start saving? Are you worried about your credit? Come to ACS and get one-on-one budget counseling, credit counseling, and savings information. Or perhaps you would like to attend one of these classes:

Basic Investing: 17 November, 9 - 11 am
First Term Soldiers Financial Training: 29 November, 9 am - 4 pm

Contact the Financial Readiness Program Manager, at 644-4378 for assistance or to sign up for a class.

*** Consumer Affairs Program**

This program was designed to help military families who have been treated unfairly. The unfair treatment may have occurred at the hands of an insurance agent, financial planner, sales personnel or others. If you fall into this category, please contact the Financial Readiness Program Manager at 644-4378 for assistance.

**• Army Family Team Building
644-4743**

Take advantage of some great volunteer opportunities provided by the AFTB program at ACS. Enjoy some exciting activities that will enrich your Army family experience.

*** ESL Class**

English as a Second Language (ESL) classes are ongoing on Thursdays

from 9:30 - 11:30 am in the ACS Conference Room, Bldg 236. Participants may join at any time. Classes are free and workbooks will be provided.

*** Army Family Action Plan**

Issues may be submitted through unit delegates or sent directly to Deborah.Coubrough@okinawa.armymil at any time throughout the year. Please let us know what your issues are to have a positive impact on the quality of life on Okinawa.

*** Advisory Council Meeting**

The ACS Advisory Council will meet on Wednesday, 15 November, 11:30 am - 1 pm, Bldg 236, ACS Conference Room. Interested community members are welcome to attend. For information, call 644-4743.

**TORII STATION
NEWCOMER'S ORIENTATION**

(Installation and local community information).

**Tuesday, 7 November, 8:30 am - 12:30 pm
ACS Conference Room**

This briefing is mandatory for all Soldiers and civilians new to Okinawa. Spouses are welcome and encouraged to attend.

Receive free childcare by calling ACS at 644-4116. Come early, 8:30 am; a continental breakfast will be provided.

"See the Bugle for the advertisement".

ARTS AND CRAFTS CENTER 644-4303

HOURS OF OPERATION:

Mon, Thu - Fri: noon - 8 pm
Sat - Sun: 9 am - 5 pm
Tue, Wed and holidays: Closed

* Classes and Services

Framing and matting classes are offered, plus the wood working and ceramics departments are also available for your use.

LIBRARY, 644-4468

* Anime

The Torii Library has a collection of hot new titles and old favorites from Akira to Full Metal Alchemist.

* Music CDs

Music CDs are now available for checkout, as well as a few hundred new books and films on DVD.

HOURS OF OPERATION:

Tuesday - Saturday: 10 am - 7 pm
The library is located in Bldg. 248 across from the Education Center

AUTO CRAFT CENTER, 644-5612

The Auto Skills Center and its staff of professionally trained mechanics offer a wide range of services at very reasonable prices.

HOURS OF OPERATION:

Tue and Wed, CLOSED
Thu, Fri, Mon, 11 am - 8 pm
Sat and Sun, 9 am - 6 pm

PLEASE NOTE:

Clean up starts a half hour before closing.

* Safety Orientation:

The Safety Orientation is held daily and is required before using the Auto Skills Center. This orientation is documented with a DA 3031-1 Qualifications Card.

* Auto Inspection

We cannot do the actual inspection, but our staff can help you get ready through a pre inspection service.

* Film Service

Protect your interior from the destructive UV rays and make your driving more enjoyable with the installation of sun blocking film. Prices vary with the model of vehicle and reservations are required. Please check with our staff.

* Parking / Vehicle Storage

We offer both long and short term parking options for cars and motorcycles. Inside parking is also available; protect your car during typhoons.

Indoor typhoon parking:

\$10 (\$5 motorcycle)

TDY parking:

\$20 (TDY orders required)

Other than typhoon and TDY:

Indoor, \$10 per night

Outdoor, 5 Days \$20

Towing service (check with our staff).

OUTDOOR RECREATION

644-4698

HOURS OF OPERATION (winter):

Open 7 days a week, 8 am - 5 pm

* Make reservations to use facilities at the Beach Office, Bldg T301.

Pavilions (BBQ grill is included)

Small: \$25 • Medium: \$30

Large: \$40

* Torii Beach south camping area for only \$5 for a camp site on the South (family) camping area. Cost includes a BBQ grill.

* Bicycle Rental

\$6 a day. Explore Torii Beach.

* Torii Turtle Theater

Every Friday and Saturday (weather permitting).

Curtain time: after sunset.

Free movies are showing at Torii Beach. Look for the schedule on the "Beach Information Board".

* Rental Costumes Service

\$20 - \$50 per day, 10 am - 9 am.

Easter Bunny, Mr. and Mrs. Santa, Superman, Batman, Jester.

SCUBA LOCKER, 644-4290.

The water is still nice for another month so now is the time to sign up for dive classes. We offer PADI, NAUI, and GUE courses. The Scuba Locker is well stocked with everything you need to enjoy Okinawa's underwater world. Dive with a Whale Shark.

HOURS OF OPERATION (fall)

Mon, Thu and Fri: 9 am - 5 pm

Sat and Sun: 9 am - 6 pm

The Scuba Locker offers free air fills to all ID card holders?

TORII BEACH CABINS

For reservations, phone 644-4290.

Each cabin will sleep one to six people (max 4 adults) and is available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, television, DVD players and BBQ grill. Visit Torii Scuba Locker to check in/out. Check in time is 3 - 6 pm, Thursday - Monday. Check out time is 11 am. \$50 per night.

CORAL COVE CLUB

Coral Cove Club, 644-4017

- All you can eat pasta bar: Every Tuesday, 4 - 10 pm, only \$3.95 in the Seaview Lounge. Two kinds of pasta, marinara and Alfredo sauces, a selection of meats and vegetables, garlic bread and a glass of wine.
- Burger and Beverage: Every Thursday, \$2.95, 4 - 8 pm
- Sunday Breakfast: 7 am - noon
This "All You Can Eat buffet" adult: \$6.95, Children under 12: \$3.95, under 5: Free

• Cappuccinos are available. Stop by the Coral Cove and try one of the three flavors.
• Free Movies are showing at the Coral Cove Club. Look for schedules in the "Island Market" and "This Week on Okinawa".
• Holiday Parties: Don't be left out this year. The Coral Cove is accepting reservations for holiday parties now.

Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

ON-LINE CATALOG

Search our collection from home or work at: <http://www.yokotalibrary.com/uhtbin/webzama/>

NEW MCNAUGHTON BOOKS

- Possible Side Effects by Burroughs, Augusten (Best-seller)
- Dispatches from the Edge by Cooper, Anderson (Best-seller)
- Blue Shoes and Happiness by McCall, Smith (Best-Seller)
- Digging to America by Tyler, Anne

(Best-Seller)

- Night by Wiesel, Elie (Best-Seller)
- The Great Deluge by Brinkley, Douglas
- Crime Beat by Connelly, Michael
- Japanese Women Don't Get Old or Fat by Moriyama, Naomi

NEW DVD

The Adventures of ELMO in Grouchland (VHS) Children
Jingle Bells (VHS) Children
We Wish you a Merry Christmas

(VHS) Children
O'Christmas Tree (VHS) . Children
Apocalypse Now (DVD) War
Kamikaze Girls (DVD) Japan

NEW CD

- Rakugo in English
- Special Best by Hibari Misora
- Scent of the Islands, Scent of Memories by Keali'i Reichel
- Miffy Douyou Party (Japanese Children's Song Collection)
- Ultra Blue by Hikaru Utada

Outdoor Rec. & Local Tours • 263-4671

NOVEMBER TOURS & EVENTS

- Old Temple
& Enchanted Forest Peaceful Walk
Saturday, 4 November
Depart: 6:30 am • Return: 1:30 pm
- Hang Gliding Tandem Flight
Saturday, 4 November
Depart: 6 am • Return: 5 pm
- Mashiko Pottery Festival
Saturday, 4 November
Depart: 6 am • Return: 9 pm
- La Boum International Party in Roppongi
Saturday, 4 November
Depart: 4 pm • Return: 10:30 pm
- Ikea Shopping in Yokohama
Sunday, 5 November
Depart: 9 am • Return: 5 pm
- Nikko Edo Mura
Sunday, 5 November
Depart: 6 am • Return: 8 pm
- Fuji Area Excursion
Sunday, 5 November
Depart: 7 am • Return: 6:30 pm
- Tobu World Square
Friday, 10 November
Depart: 6 am • Return: 7:30 pm
- 4-Day Fun Diving Trip
Friday-Monday, 10-13 November
*Times Vary
- Fishing & Camping Overnight at Sake Ashi
Friday-Saturday, 10-11 November
Depart: 6 am (Fri.)
Return: 3:30 pm (Sat.)
- Hello Kitty Land
Saturday, 11 November
Depart: 9 am • Return: 6 pm
- Skydiving Tandem Flight

- Saturday, 11 November
Depart: 5 am • Return: 5 pm
- Nagoya Robot Museum & Shopping
Saturday, 11 November
Depart: 6 am • Return: 6 pm
- Odawara Castle, Mikan Picking & BBQ
Sunday, 12 November
Depart: 8:30 pm • Return: 6 pm
- Hakone Yunessan Hot Spa
Sunday, 12 November
Depart: 7:30 am • Return: 5:30 pm
- Swan Lake Ballet
Wednesday, 15 November
Depart: 4:30 pm • Return: ?
- Hiroshima 2 Nights Excursion
Friday-Sunday, 17-19 November
Depart: 2 pm (Fri.)
Return: 7:30 pm (Sun.)
- Horseback Trail Riding for Beginners
Saturday, 18 November
Depart: 6 am • Return: 5 pm
- Todoroki Valley & Temple Town
Saturday, 18 November
Depart: 8:30 am • Return: 3:30 pm
- Ramen Museum & Sankeien Garden
Sunday, 19 November
Depart: 10 am • Return: 6 pm
- Ueno Zoo & Park
Sunday, 19 November
Depart: 8:30 am • Return: 6 pm
- Thanksgiving Buffet & Rikugien Garden
Thursday, 23 November
Depart: 8:45 am • Return: 5 pm
- Tokyo Disneyland or DisneySea
Friday, 24 November
Depart: 7 am • Return: 11:30 pm

- Studio Ghibli Museum & Kichijoji Mall
Friday, 24 November
Depart: 9 am • Return: 6:30 pm
- Mt. Fuji Star Gazing
Friday, 24 November
Depart: 4 pm • Return: 11 pm
- Christmas Ornament Crafting & Nature Walk
Saturday, 25 November
Depart: 7 am • Return: 3:30 pm
- Tsukiji Fish Market
Saturday, 25 November
Depart: 4 am • Return: 10:30 am
- Hakone Open Air Museum & Glass Forest
Saturday, 25 November
Depart: 8 am • Return: 6 pm
- Kamakura Excursion
Sunday, 26 November
Depart: 7:30 am • Finish: 5:30 pm
- Yokosuka Holiday Shopping
Sunday, 26 November
Depart: 8:30 am • Return: 4:30 pm



Better Opportunity for
Single Service Member

MEETINGS

- Tuesday, 14 November
- Tuesday, 28 November

*All meetings are at 2 pm at the CCC.

Directory of MWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

- **Army Community Services** 263-8327
Mon, Tue, Thu, Fri 0700-1700
Wed 0700-1500

ZAMA Golf Club

- **DIRECTOR OF GOLF ADMINISTRATIVE OFFICE** 263-4224

- (All the following golf activities are open during lunch).
- **Course/Starter** 263-4975

Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

- **Restaurant** 263-7665

Mon, Tue, Thu, Fri 0630-1700
Wed 0630-1800
Weekends & US / Japanese Holidays 0530-1700

- **Pro Shop** 263-5284

Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

- **Driving Range (Unattended)**

Wed - Sat Sunrise-2200
Mon Sunrise-1930
Tuesday 1000-2200
Sun 1600-2200

- **Chip Inn & Snack Stand** 263-5834

Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Community Operations Division

- **ADMINISTRATIVE OFFICE** 263-4452

- **BOWLING CENTER ZAMA** 263-7935

Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

- **BOWLING CENTER DEPOT** 268-4954/4606

Tue - Sat 1100-2000
Sun - Mon Closed

- **ZAMA COMMUNITY CLUB** 263-4133

Lunch

Tue-Thu 1045-1315
Sunday Brunch 1000-1330

- **Cashier & Game Rooms**

Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

- **Catering** 263-4204

Tue, Thu & Fri 0930-1730
Wed (Appts Only)

- **Café Roberto**

Tue-Thu & Sun 1100-2200
Fri 1100-0100
Sat 1100-0100

- **Cornerstone Game Room (no bar)**

Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

- **Eda's Seafood & Filet**

Thu & Sun 1700-2100
Fri & Sat 1700-2200

- **Firelite Lounge**

Tue-Thu & Sun 1630-2300
Fri 1630-0300
Sat 1900-0230

- **USA Dining Room**

Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

- **HOB NOB INN** 267-6097

- **Lounge & Game Room**

Mon, Tue-Thu 1630 - 2100
Wed 1630 - 2300
Fri, Sat 1630 - 0100
Sat 1900 - 0100
Sun Closed

- **Restaurant (Closed)**

- **SAGAMI LOUNGE** 268-4954

Take Out

Lunch (Mon-Fri) 1100-1300

Dinner (Tue-Sat) 1700-2000

- **Lounge/Game Room**

Tue-Thu 1100-2200

Fri 1100-2400

Sat 1630-2300

Open during lunch

Community Recreation Division

- **ADMINISTRATIVE OFFICE** 263-5614

- **ARTS & CRAFTS CENTER** 263-4412

Mon-Tue Closed

Wed-Thu 1300-2100

Fri, Sat & Sun 1000-1800

Open during lunch

- **AUTO CRAFTS SHOP** 263-3615

Sun-Mon Closed

Tue-Fri 1300-2100

Sat 1000-1800

Training Holiday 1000-1800

- **COMMUNITY CULTURAL CTR** 263-3939

Mon-Fri 0800-2100

Sat, Sun & Hol Closed

Open during lunch

- **INTERNATIONAL TOURS** 263-5273

Mon-Fri 1000-1800

Open during lunch

- **LIBRARY**

- **Zama** 263-3517

Mon-Thu 1000-2030

Fri- Sun & Hol 1000-1800

Open during lunch

- **Depot** 268-4523

Tue-Thu 1000-1800

Fri & Sat 0900-1700

Sun, Mon Closed

Open during lunch

- **Sagamihara** 267-6603

Tue-Thu 1000-1900

Fri-Sat 0900-1800

Sun, Mon & Hol Closed

Closed for lunch 1400-1500

- **OUTDOOR RECREATION** 263-4671

- **Vehicle Rental/Equipment Rental**

Mon-Fri 0900-1730

Sat-Sun 0800-1600

Open during lunch

- **Local Tours** 263-4671

Mon-Fri 0900-1730

Open during lunch

- **Animal Boarding Kennels** 263-5915

Mon-Fri 1000-1700

Sat-Sun 1000-1600

Closed for lunch 1230-1330

- **Hardy Barracks Lodging** 229-3270

- **Kure Lodging** 256-2580

- **POOLS** 263-5656

- **YANO** 263-5037

Mon-Fri 0530-1900

Sat-Sun, Holidays 1000-1800

- **SHA (Summer)** 263-5656/267-6122

Mon-Tue & Fri 1200-1800

Sat-Sun 1100-1800

Wed-Thu Closed

- **DEPOT (Closed)**

- **SPORTS/FITNESS CENTER** 263-4664

- **Zama** 263-3954

Mon-Fri 0530-2030

Sat-Sun, Holidays 1000-1800

- **Sagamihara** 263-3954/267-6762

Mon-Sun Open 24 hrs

- **Depot** 268-4729

Mon-Fri 0930-1830

Sat-Sun 1000-1800

Holiday 1000-1800

Support Services Division

- **DIRECTOR** 263-5701

- **ADMINISTRATIVE OFFICE**

Child and Youth Service Branch

- **CHILD & YS COORDINATOR** 263-8086

(All the following CDC facilities are open during lunch.)

- **Central Registration Office** 263-3397

Mon-Fri 0830-1730

- **Depot Dev Group Home** 268-4625

Sunday only 1300-1500

- **Family Child Caree** 263-3397

- **Sagamihara CDC** 267-6564

Mon-Fri 0530-1800

- **Zama CDC** 263-4992

Mon-Fri 0530-1800

- **YOUTH SERVICES**

- **Depot Youth Center** 268-4625

- **Zama Youth Center** 263-4500

Mon-Thu 1430-2000

Fri 1430-2200

Sat 1200-2200

Sun 1400-1800

- **School Age Services (SHA)** 267-6317

Mon-Fri 0630-1800

- **Youth Sports** 263-5437

Mon-Sat 0900-1800

Open during lunch

- **School Liaison Office** 263-3241

Zama Lodging

- **ADMINISTRATIVE OFFICE** 263-3293

- **Reservation Desk** 263-2775

- **Front Desk** 263-3830

Open 24 hours/7 days a week

USAG-J Okinawa MWR

- **MWR OFFICE** 644-5396

- **ARMY COMMUNITY SERVICE**

- **Director** 644-4110

- **Receptionist** 644-4175

- **Relocation Coordinator** 644-4385

- **Outreach/Volunteer Coordinator** 644-4116

- **Finance/Consumer Affairs/AER** 644-4378

- **School Liaison Officer** 644-4908

- **Family Advocacy** 644-4106

- **AF TB / AFAP Manager** 644-4743

- **ARTS & CRAFT CENTER** 644-4303

- **Lobby** 644-4706

- **CORAL COVE COMMUNITY CLUB**

- **Business Manager** 644-4894

- **Lounge** 644-4306

- **Cashier Cage** 644-4426

- **LIBRARY**

- **Staff Room** 644-4468

- **MARKETING**

- **Commercial Sponsorship** 644-4703

- **Graphic/Illustration** 644-4495

- **MOVIE THEATER**

- **Commercial Sponsorship** 644-4665

- **SPORTS/OUTDOOR REC**

- **Customer Svc/Pavilion Rental** 644-4381

- **Sports Specialist** 644-4144

- **Event Coordinator** 644-4334

- **Swimming Pool** 644-4797

- **Scuba Locker** 644-4169

- **Retail Sales** 644-4389

- **Equipment Issue** 644-4795

- **Parks, Picnic & Beach** 644-4290

Kure Harbor Club

- **MWR Office** 256-2580

- **Outdoor Recreation** 256-2581

0800-1630

- **Dining Room**

0900/1700

- **Bar**

Mon-Fri (Breakfast) 0700-0830

Mon-Fri (Lunch) 1130-1300

Tue-Sat (Dinner) 1630-2000

- **PX / CLASS 6**

Mon-Fri 0900-1730

Sat 1130-1530

Thanksgiving

Thursday, 23 November
11 am - 3 pm In the Ballroom

Advance Ticket Price:

Adult: \$14.95

Youth:

8 - 12: \$7.95

4 - 7: \$5.95

Under 3: FREE

At the door \$2 extra

Buffet

***** It's your day to relax: we'll do the cooking so bring your friends, family, co-workers and maybe consider inviting a single Soldier *****

Advance tickets are available at the cashier's window (please note that the Community Club will close after this event).

For more information, 263-4133



"See the Bugle for the advertisement".

Z A M A



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 3RD - 5TH**

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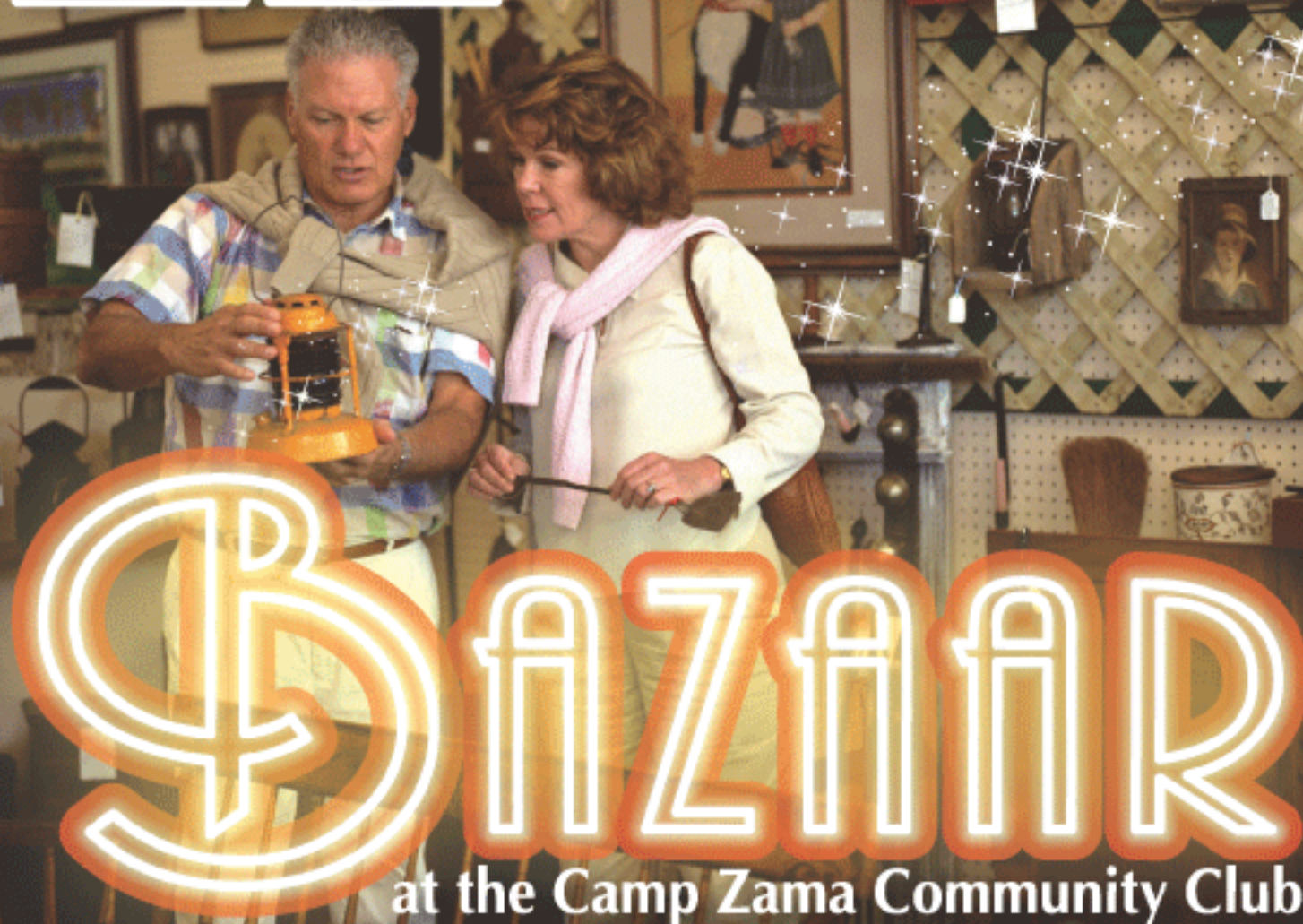
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CAMP ZAMA COMMUNITY



\$aZaAR

at the Camp Zama Community Club

DECEMBER 2006

**SATURDAY, 2ND (9 AM - 5 PM) &
SUNDAY, 3RD (10 AM - 4 PM)**



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